



Himalayan Adventure Treks & Tours

Thamel, Marg Kathmandu, info@himalayanadventuretreks.com

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Ghorepani Poonhill Motorbike Tour :- 7 Days - USD 1500 Per Person

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Highlights

- **Scenic Routes:** *Riding through Nepal's breathtaking landscapes, experiencing panoramic views of the Himalayas, verdant forests, and picturesque rural villages.*
- **Cultural Immersion:** *Engaging with local communities, visiting traditional villages and ancient temples, gaining deep insights into Nepalese culture and traditions.*
- **Natural Beauty:** *Marveling at Nepal's stunning natural wonders, including majestic mountains, cascading waterfalls, and serene lakes.*
- **Adventure Activities:** *Adding thrills to your journey with paragliding over Pokhara and exploring mystical caves.*
- **Culinary Experiences:** *Savoring diverse and flavorful Nepalese cuisine, from street food to traditional dishes.*
- **Shopping and Entertainment:** *Discovering vibrant markets and cultural hotspots like Thamel, enjoying shopping and local entertainment.*
- **Memorable Endings:** *Concluding your adventure with a farewell dinner, reflecting on your journey while enjoying cultural performances.*
- **Tatopani Hot Springs:** *Relaxing in the therapeutic natural hot springs of Tatopani, a perfect retreat after a day of riding.*
- **Ghorepani Trekking:** *Experiencing the unique combination of riding and trekking, especially the early morning hike to Poonhill (3210m) for an unforgettable sunrise.*
- **Pokhara Exploration:** *Exploring the diverse attractions of Pokhara Valley, including boating on Phewa Lake and visiting the World Peace Pagoda.*
- **Historical Sites:** *Visiting UNESCO World Heritage sites in Kathmandu, such as Swayambhunath (Monkey Temple) and Boudhanath Stupa.*
- **Local Handicrafts:** *Shopping for authentic Nepalese handicrafts, textiles, and souvenirs in local markets.*
- **Photographic Opportunities:** *Capturing stunning photographs of dramatic landscapes, vibrant cultures, and unique architectural landmarks.*
- **Wildlife Encounters:** *Spotting diverse wildlife in the forests and along the trekking routes, adding an element of nature exploration.*
- **Spiritual Moments:** *Visiting sacred sites and experiencing moments of spiritual reflection and peace.*

Overview

Ghorepani and Poonhill are two iconic tourist destinations in Nepal. Dominated by Himalayan views and serene trails, these locations are ideal for tours and treks. On a similar note, Ghorepani Poonhill



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Motorbike Tour includes the natural and cultural beauty of western Nepal. Also, the tour adds a certain level of thrill on the off-road tracks that run through beautiful Gurung villages. Similarly, the motorbike tour explores their rich Gurung heritage and lifestyle. The trip starts in Kathmandu, where you make initial preparations for the bike tour. Then, you follow the Prithvi Highway to Pokhara, which takes about 6 hours. As Mt. Machhapuchhre (6997m) welcomes you to the city, explore around and have fun. Then, you ride to Tatopani the next day and begin on the off-road trails. Next, Ghorepani is the stop on the tour where you can enjoy the Gurung culture in the backdrop of the Annapurna Mountains. Similarly, explore the local museum and soak in the ethnic traditions for the day. Next, Poonhill is the final stop on tour. It is a renowned viewpoint that offers a sublime panorama of the Himalayas and natural scenery. Lastly, an off-road ride back to Pokhara brings the trip to a close....

Itinerary

Outline Itinerary:

Day 01: Arrival at Kathmandu Airport.

Day 02: Ride from Kathmandu to Pokhara (210 km) 7-8 hours. (B)

Day 03: Ride from Pokhara to Tatopani (102 km) 5-6 hours. (B)

Day 04: Ride from Tatopani to Ghorepani (18 km) 2-3 hours.

Day 05: Ride from Ghorepani to Pokhara via Poonhill (115 km) 5-6 hours.

Day 06: Ride from Pokhara to Kathmandu (210 km) 7-8 hours. (B/D)

Day 07: Departure to Airport. (B)

What's included?

- *Airport pickup drop by private vehicle.*
- *Two Nights 3* hotel in Kathmandu with Breakfast.*
- *Two Nights 3* hotel in Pokhara with Breakfast.*
- *Royal Enfield 350cc with petrol (Trip cost will be changed if you have a different choice of bike).*
- *Petrol, Basic tools & Spares.*
- *Lunch Dinner and breakfast during the tour.*
- *National Park Permit (ACAP).*
- *Trekkers' Information Management System (TIMS) Permit.*
- *All accommodations in lodges/tea houses on a twin-sharing basis during the tour.*
- *An experienced, helpful, and friendly Guide.*
- *Travel and rescue arrangements.*



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- *Medical supplies (first aid kit will be available).*
- *All necessary paper works.*
- *Last Night's farewell dinner at an authentic Nepalese restaurant with a cultural performance.*

What's excluded?

- *Expenses of personal nature like drinks, mineral water, phone calls, etc.*
- *Entrance fee in Pokhara.*

Equipment

Riders Skill:

The riders must be skilled enough to ride a Motorbike and must have international licenses. The ride must have knowledge about the international traffic rules and must be capable enough to ride in an unfamiliar terrain which little knowledge about mechanics.

Suitable bike of Ghorepani Poonhill Motorbike Tour:

The most suitable bike for this tour is Honda CRF 250/ Royal Enfield Himalaya 411/ Royal Enfield classic 350. Only some of the part is off-road so we can use any of the above option bikes on this trip as our budget.

Best season for Ghorepani Poonhill Motorbike Tour:

The best season always makes the trip memorable so the best season for Ghorepani Poonhill Motorbike Tour is from March to May and October to December. The month of January and February feel a bit cold in this region & June, July August is raining season.

Riding Gears:

Bikes are the most dangerous means of transport on the planet. Off-road bike tours can be both adventurous and challenging at the same time. Proper riding gear helps to minimize the risk of getting serious injuries and helps to protect your body.

- *Dual sports off-road Helmet*
- *Spy Goggles*
- *Off-road Boots*
- *Knee Pads*
- *Motocross Gloves*
- *Kidney Belt*
- *Neck Brace*
- *off-road suits*



Trip Notes

About Country

Popularly recognized worldwide for its majestic sky-dominating peaks, Nepal is one of the most sought-after nations for trekking and other adventure activities. This tiny Himalayan nation is home to eight of the world's tallest peaks, including Mt. Everest (8848.86m)- the highest mountain in the world. Moreover, the rugged and rural trekking trails to the massifs along the dense forest which is filled with exotic floras and faunas instills excitement and adventures in the travelers. However, traveling to Nepal is not only about the mountains and natural beauty. Unraveling the beauty that lies in the old monuments, palaces, and temples. Nepal has a diverse array of cultures, traditions, languages, and history which are reflected in the lifestyle of the people.

Key Facts

Location: Nepal is located in South Asia; between two great giants the Republic of China to the north and India to the south, east, and west.

Geography: A landlocked country, Nepal is divided into three geographical regions, namely, the Himalayas, the Hills, and the Terai.

Capital: The capital city of Nepal is Kathmandu.

Area: The total area of Nepal is 147,181sq km.

Population: The current population of Nepal is 29 million.

Political system: Nepal is a federal republic country with a multi-party system.

Major religion: Nepal is a secular state but the majority of people follow Hinduism, followed by Buddhism and Christianity.

Time zone: The time zone of Nepal is GMT +5:45.

Official Language: The official language of Nepal is Nepali.

Working hours: The working hours in Nepal are from 10 am to 5 pm.

Electricity: Currently, all the major cities have electricity while the electricity supply in some rural areas is limited. The standard voltage of electricity in Nepal is 220V.

Visa Information

All tourists visiting Nepal except tourists from India should have a valid passport and visa. An On-



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Arrival visa to enter can be obtained at the Tribhuvan International Airport or any other land entry/exit points at the Nepal-Tibet and Nepal-India border. During the peak season, there will be a long line of tourists here trying to get their visas. So, to avoid the endless waiting you should visit the nearest Nepalese diplomatic missions stationed in your country before your arrival.

An On-Arrival Tourist Visa costs USD 30 for 15 days, USD 50 for 30 days, and USD 125 for 90 days. Find more information regarding the updated visa fees at <http://www.nepalimmigration.gov.np/post/notice-regarding-visa-fee-updates>.

You can also extend your visa within a valid period which will cost you USD 3 per day. However, if you are visiting Nepal from SAARC countries you don't have to pay visa fees as gratis fee or free visa is applicable for 100 days. Regarding information about tourist visas, you can head to the information on the official website of the Department of Immigration at <http://www.nepalimmigration.gov.np/page/tourist-visa>.

How to reach the country

Nepal is very well accessible via air, rail, and road. Tribhuvan International Airport is the only international airport and the entry point for those arriving by air. Nepal Airlines is the main operator in the nation. Other international airlines here are Air Arabia, Air Asia, Etihad airlines, Fly Dubai, Jet Airways, Malaysia Airlines, Qatar Airways, Silk Air, and Thai air. The rail and road service can only be used by those arriving from India.

In terms of land transport, there are several land entry/exit points at the Nepal-Tibet and Nepal-India borders. Kerung and Kodari are the entry/exit points at the Nepal-Tibet border whereas

Janakpur-Jainagar railway is the sole railway that connects Nepal with India, several buses connect Delhi and Kathmandu.

Popular destinations to visit

There are many places you can visit in Nepal. Nepal is not only gifted with natural beauty but it is also culturally rich which means there are many heritages and sites you can visit. Kathmandu Valley is the first and foremost destination that you should not miss out on. The seven UNESCO world heritage sites in the valley, namely, Patan Durbar Square, Bhaktapur Durbar Square, Kathmandu Durbar Square, Pashupatinath, Swayambhunath, Boudhanath, and Changunarayan.

Other places you must visit while in Nepal are Pokhara, Chitwan, and Lumbini. Pokhara is a scenic lake city, located 6 hours' drive away from Kathmandu city. There you will be able to enjoy the serene and peaceful nature with the Annapurna ranges in the backdrop. Lumbini, the birthplace of Lord Buddha, is a historic destination whereas the Chitwan National Park is a natural haven for exotic flora and fauna. Both of these are also enlisted as world heritage sites by UNESCO. Palpa, Bandipur, Bardia National Park, and Ilam are some of the popular destinations.

As for trekking and mountaineering activities, Annapurna, Everest, Langtang, Manaslu, Upper Mustang, and Dolpo regions are some of the most popular ones in Nepal.



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Internet and Communication in the country

You do not have to worry about not getting communication service or Internet service in Nepal. In recent years, the internet and communication services have drastically progressed and developed. While in the major cities and tourist destinations, you can use free Wi-Fi including many of the cafes and restaurants. Similarly, almost every hotel and some public areas provide Wi-Fi services. However, Wi-Fi is not always available in remote areas in the Himalayas and rural Hilly regions.

In such situations, a cellular connection is the best option for both Internet access and communication. NTC and Ncell are two of the biggest telecommunication corporations and offer sim cards with various packages at a reasonable price. These service providers have a wide reach over many parts of Nepal. You will easily be able to purchase any sim card with your passport or identity card.

Local currency and foreign exchange

While in Nepal, you should use Nepali rupees (NRs) which is also the official currency of Nepal. You can easily exchange your currency into the Nepalese Rupee at the Tribhuvan International Airport or the exchange counters and banks around the major cities. Also, the major cities like Kathmandu, Pokhara, Chitwan, and Lumbini have a great availability of banks and ATMs. However, their availability becomes quite scarce when you head to the Himalayas and remote areas.

So, it is best if the travelers perform all their money-related activities while they are in the major cities.

Weather and climate

The climate in Nepal varies according to altitude and the current season. The lowland of the Terai region in the southern part of the country is very hot and humid during the summer. The temperature there can get as high as 45 degrees Celsius. The middle part is also known as the hilly region has a pleasant and bearable climate all year long. However, in winter the nights and early mornings can get quite chilly. The Himalayan region is the northernmost part of the country and is above 3300m. This region usually has alpine climatic conditions and during the winter season, it experiences adverse weather conditions.

Nepal generally has four seasons, namely, spring, summer, autumn, and winter. The spring here means every part of the country has flowers blooming and summer means a lot of humidity and rainfall. While the autumn is neither too hot nor too cold and the skies are always clear. The winter season brings snow in the Himalayan region and some parts of the hilly region as well. Finally, during the monsoon season, the entire country experiences heavy rainfall except in the rain shadow areas of Upper Dolpo and Mustang.

People, culture, and festivals

Nepalese are known to be one of the kindest people all over the world. With a smile on everyone's face, you will be warmly welcomed and greeted. The word "Namaste" is used while they join their hands together which means a respectful greeting. Nepal is a culturally rich country with many different



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castes, languages, and traditions. The diverse culture and tradition result in many different festivals celebrated all around the nation. The major festivals celebrated are Dashain, Tihar, Holi, Sonam Losar, Gyalpo Losar, and many more. Especially in Newari settlements, people celebrate many colorful and radiant festivals. You will be able to experience wonderful and lifelong memory if you visit Nepal during the time of festivals.